

Imaging Prep

X-ray/DEXA Scan- No Prep

CAT SCAN (CT)- Fast 2 Hours Prior to appointment, can drink Water

- If you received 2 bottles of contrast drink 1 bottle 1 hour before bedtime the night prior, and then drink the last bottle 1 hour prior to appointment time.
- If you received 1 bottle of contrast, only drink 1 hour before appointment.

PET Scan:

****All medicines are okay EXCEPT insulin the day of the scan. ****

Skull Base to Mid-Thigh or Whole-Body PET-

Nothing to eat or drink 6 hours prior, may have plenty of plain water. No caffeine, No Nicotine, and no sweets 24 hours prior. Please wear comfortable clothing without any metal.

Axumin-

Nothing to eat or drink 4 hours prior, can drink small sip of water to take medication, and no heavy exercise 24 hours prior to scan.

PSMA/Dotatate Specialty PET Scans-

No Prep

Nuclear Medicine (Nuc Med):

Bone Scan- wear comfortable clothing without any metal.

****Please note Bone Scans are a 2-part test. 1st appt is a 15-minute injection, the 2nd is 45 minutes of imaging. ****

Parathyroid Scan- No prep.

Gastric Emptying Scan- Nothing to eat or drink after midnight.

HIDA Scan- Nothing to eat or drink for 6 hours prior, no narcotic pain medication 24 hours before scan.

MUGA- No Prep ****Please note if patient has Mediport/PICC****

Renal Scan- Hydrate well 24 hours prior to exam, no Lasix the day of.

Nuclear Stress Test (Myocardial Perfusion Scan, Lexiscan, Chemical Stress Test, and plain (non-nuclear) treadmill stress test)-

Nothing to eat or drink after midnight, except for plain water. No caffeine or nicotine 24 hours prior to study. No Beta Blockers or Calcium Channel blockers (heart or blood pressure meds) for 24 hours prior to study, but please bring Nitroglycerin, asthma, or diabetic supplies with you to appointment. Please make sure to wear comfortable clothes and running shoes (tennis shoes).

Ultrasound:

Abdominal Vascular Studies (Renal Artery Duplex, Liver Duplex, Spleen Duplex, Aorta Duplex)- Nothing to eat or drink (Including Water) for 12 hours prior

Abdomen, Abdomen Limited, Aorta for AAA (screening and non-screening)- Nothing to eat or drink (Including Water) for 8 hours prior

Pelvis/Transvaginal- Full bladder, Do Not empty bladder for 2 hours prior. Finish Drinking 32-40 ounces of water 1 hour prior to appointment time.

Renal (Kidneys)- Drink 16-24 ounces of water 2 hours prior, Do Not Empty Bladder

Carotid, Venous, Arterials, Thyroid, Echo, Scrotal and Breast- No prep

Mammograms:

No Powder or Deodorant, Wear a two-piece outfit

MRIs:

Please note if patient has any Metallic Implants, Claustrophobic, or any surgery in the last 6 weeks

We can not scan any patient with a Heart Monitor or Pacemaker/Defibrillator

MRCF protocol for MRI Abdomen- Fast for 6 hours prior